OVERVIEW OF HEALTH AND PARTNERSHIPS SCRUTINY COMMITTEE

1. Since the last meeting of the Council, the following are the main areas of work the Health and Partnerships Scrutiny Committee has undertaken.

Performance Indicators Quarter 1 2018/19

- 2. We received Quarter 1 performance data against key performance indicators for 2018/19.
- Members were advised that the performance indicators were aligned with key priorities and the majority were used to monitor the Corporate Plan 2017/21. Of the 30 indicators for Health and Partnerships Scrutiny Committee 25 were Public Health Indicators and 5 were Cultural indicators.
- 4. The majority of indicators were reported annually and all Public Health indicators reported in line with the Public Health Framework National reporting schedule which means the data is at least one year in arrears or relates to aggregate periods.
- 5. Details were provided for indicators which had previous data for comparison and we noted that of the Culture indicators one was likely to achieve and one was unlikely to achieve end of year target.
- 6. Of the Public Health indicators four had achieved performance better than last reported and two were performing worse than when previously reported.
- 7. Members had a valuable and worthwhile discussion around Performance Indicator Numbers CUL 063 Number of school pupils participating in the Sports Development Programme and CUL 065 Number of Individuals participating in in the Community Sports Development Programme and were pleased to be made aware of the many and various sporting activities and Clubs available in the Borough to residents of all ages and abilities.

Better Care Fund: Social Prescribing Testbed Outcome

- 8. We received a report detailing the outcome of the social prescribing testbed carried out under the Better Care Fund between 1 May 2017 and 30 April 2018.
- 9. Members noted that there were around 130 people referred to the testbed with considerable variation in GP referrals. Investment in the testbed was £93,000 and although three-month reviews indicated good levels of sustained achievement of

outcomes indications were that the current model was not cost effective.

- 10. Most of the referrals were to Age UK and Darlington Association on Disability and of those supported for three months or more the outcome was sustained.
- 11. Members have always supported Social Prescribing and the potential benefits for resident's well-being. It was disappointing to note the outcomes of the test bed model, however we were pleased that valuable lessons had been learned and taken into account in establishing a Wellbeing Facilitator service which will be delivered through Primary Care and managed by Primary Healthcare Darlington with an investment of £180,000 and a full set of quantitative measures and indicators.
- 12. Wellbeing Facilitation is key to new ways of working across health and social care and in Darlington pilots and initiatives are being tried and tested as Primary Care develops a hub approach in general practice.
- 13. The GP Federation, Primary Healthcare Darlington, will play a key role in these developments. It is anticipated that wellbeing facilitators will engage in the pilots involving primary care approaches and that the Federation will play a pro-active role in engaging with all practices and relevant stakeholders to support relationship building and embedding the care co-ordination role with GPs, practice nurses and other practice staff.
- 14. We look forward to receiving an update on progress

Growing Older Living in Darlington (GOLD)

- 15. Health and Partnerships Scrutiny Committee undertakes an Annual Survey of attendees at the GOLD Tea Dance and this year's topic was Exercise, specifically the forms of activity available and the amount of exercise undertaken.
- 16. The survey analysis produced two documents one for residents of Darlington only and one for the all surveys completed.
- 17. Members welcomed the results of the surveys and have requested that a member of the Healthy Darlington Team, also present at the GOLD Tea Dance, be invited to our next meeting to discuss the Survey Results and the varied activities available to Darlington's residents.
- 18. We would like to help promote the benefits of regular exercise and how we can optimise opportunities for residents of all ages too undertake regular and enjoyable exercise and activities.

Councillor Wendy Newall Chair of the Health and Partnerships Scrutiny Committee